

# Protect Your Right to Live Like a Real Man -

Men that drive for miles to see me, are unaware that these symptoms are linked:

- a. Fatigue and Low Energy
- b. Fat Around the Middle
- c. Trouble in the Bedroom
- d. Early Signs of Heart Disease
- e. Prostate Problems
- f. Joint Pain, Fading Memory and more.

**"All these symptoms have one underlying cause: Estrogens in your environment."**

Falling testosterone and rising estrogen is a problem for every man - no matter what your age. If you sit back and do nothing, estrogens will rob you of everything that makes life worth living in the first place: Sex. Strength... Memory... Ambition...

An Important Message for Men from Al Sears, MD

*Trying to convince men to get tested for this syndrome is hard enough. What's even harder is for them to understand how estrogen elevations even slightly are a leading cause for prostate problems, stamina/energy and digestive issues. Clearing estrogen from the body and preventing its resurgence are easy support protocols for men to take. If you see a car heading towards you, you move. The question is how long in advance would you like to recognize that you can avoid the collision? We can see these estrogen spikes well in advance of any obvious problem. Just get tested!!!*

*Dr. Shannon Smith*